

In partnership with



# THE FIRST FIVE

A 1-Day, By-Invitation, Interactive Get-Together

For Band Directors in Their First 5 Years

with Dr. Milt Allen

Saturday, January 24 - Salina, KS | 9:30 A - 4:30 PM

#### WHAT IS IT?

A special, one day happening tull of comradery and real-world exchange for band directors in their first 5 years, led by someone who's been in your shoes (and worn plenty of others). This isn't about theory- it's about strategies that work when time, resource or energy are running thin.

- -Practical Strategies
- -Empowerment Tools
- -Actionable Takeaways

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## MEET DR. MILT ALLEN

An Internationally recognized conductor, educator, and author, Dr. Allen has led programs at every level - from public schools to universities - and worked with ensembles across the globe. His sessions bring insight, humor, and wisdom from decades of experience in and beyond the classroom.

## **COST: FREE!**

By invitation Only
If you or someone you know might be interested, contact milt@miltallen.com
 SPACE IS LIMITED!

### **TENTATIVE SCHEDULE**

#### Merning

9:30-10:00 | Arrival & Welcome

- Coffee, breakfast snacks, program sharing 10:00-11:00 | Innovative Rehearsal Strategies
  - Rehearsal philosophy & environment
  - Conducting, classroom management hacks, and creative warm-ups

11:00-12:00 | The Needs of the Post-Pandemic Music Student

- Adapting to students' changing needs
- Competition? Performance? Music Education?

12:00-1:00 | Lunch & Networking

#### Afternoon

1:00-2:00 | Repertoire Chat

- Balancing serious literature with student needs
- 2:00-3:00 | Store Study / Conducting Insight
  - Toward interpretation
  - Understadning composer intent

3:00-3:45 | Mental Health & Burnout

- Self care, time management, boundary-setting
- Building healthy program culture
- 3:45-4:50 | Director Roundtable & Wrap-Up
  - Open forum: what's working/what's challenging

#### **!!!Very special virtual guests!!!**

#### **BONUS OPTIONS**

Optional group dinner in Salina (self-pay)
Lodging avallable at Harmony Hideaway (\$60/night)

Let's make music - and the lives behind it - better.